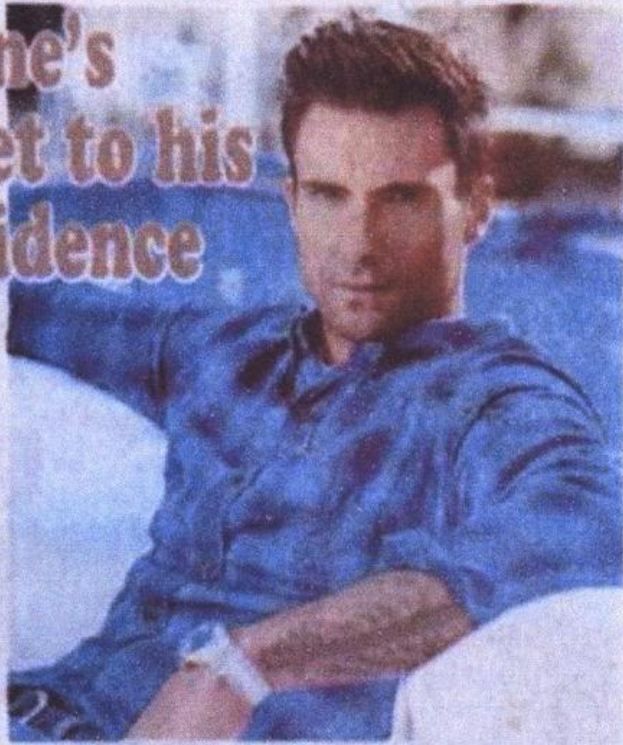


## Levine's secret to his confidence

Adam Levine says celebrities also suffer from the same skin problems that make many people lose their self-confidence



Adam Levine is the lead singer of the Grammy Award-winning band, Maroon 5, and has made a name for himself with a signature voice that is sure to sweep women off their feet. Maroon 5's releases have gone gold and platinum, setting records for most No. 1 singles and he has been a judge on the Emmy Award-winning *The Voice*. He also starred in the indie film *Begin Again*, where his 222 Records label track *Lost Stars* was nominated for a Best Original Song at the Academy Awards.

While most women are swooned by the Sexiest Man Alive of 2013 with his hot looks and remarkable talent, men also aspire for the same kind of charisma and confidence that he evokes. Little do they know that like most of us, he struggled to regain confidence during his teenage years. He suffered from severe acne breakouts, which took away much of his confidence and forced him to stay away from the crowd.

"I was just ashamed of my acne," Adam shared. "I had horrible breakouts. I would hide from cameras, hide in my room. Acne just shows up and causes trouble and it messes with my confidence." And even today, when his schedule gets busy, the stress can take a toll on his skin. "I am a very active person and it kind of lead to zits, which is unfortunate but a reality for me," he chuckled.

"My life for now is unbelievably busy and I feel fortunate and blessed every day," Adam said. He also shared that unlike

most people's belief about celebrities having to look so good on screen or otherwise, they also suffer from the same skin problems that make many people lose their self-confidence and hide away from many of the good things in life. "I always want to make sure that people understand that even though we are celebrities or successful, we are no different than anybody else."

Fortunately, America's No. 1 acne treatment system, Proactiv Solution, gave him the answer to his acne problems. Proactiv's 3-Step System is dermatologist-developed and designed to

help clear existing acne and prevent future breakouts, while gently taking care of the skin. "It is so great that there is something out there now, that is legitimate," Adam added.

It takes no more than five minutes to complete the system, which is great for busy people like Adam. Each Proactiv kit comes with a free Refining Mask that helps keep skin clear and acne-free. It is formulated with sulfur, a proven acne-fighting ingredient, which reaches deep into the pores where blemishes begin. The Refining Mask unclogs pores, pampers inflamed skin and softens the skin's texture.

Now with clear skin, Adam no longer feels the need to hide. "It is game changer; it treats acne and treats your skin right," he said. "As a guy, I don't like a lot of male acne products. But with this, it's three-easy steps and you're doing all you need to do."